

NCSC Eggstravaganza
Sat/Sun March 6-7, 2010 at Astoria, OR

Location: Astoria Aquatic Center, 1997 Marine Dr., Astoria, OR 97103
Indoor pool, 25 yards, 6 lanes.

Directions: From Mark Morris, south on 15th Ave, and across the Lewis and Clark bridge, take the off-ramp to the right following signs to Astoria. Follow US-30W/Lower Columbia Hwy about 46 miles to the center. It is on the left, across the road from the Maritime Museum, a building with roof shaped like waves.

Driving time: about 1.25 hrs, 49 miles from Mark Morris HS.

Entries: Max. 4 individual events per day

Entry Deadline: **Thursday, February 18, 2010**

Warmups: Sat/Sun 7:45 am Start: 9:00 am

Note: Recreational pool and slide are closed during the competition. Water slide may be available after the conclusion of the meet for visiting swimmers.

ORDER OF EVENTS

Event #	Event			Saturday
1/2	Women/Men	Open	50	Free
3/4	Women/Men	8 & U	25	Fly
5/6	Women/Men	12&U	50	Fly
7/8	Women/Men	13&O	100	Fly
9/10	Women/Men	12&U	200	Free
11/12	Women/Men	13&O	200	Free
13/14	Women/Men	Open	200	Breast
15/16	Women/Men	8 & U	25	Back
17/18	Women/Men	12&U	50	Back
19/20	Women/Men	13&O	100	Back
21/22	Women/Men	12 & U	100	IM
23/24	Women/Men	13&O	200	IM
25/26	Women/Men	8&U	100	Free Relay
27/28	Women/Men	12 & U	200	Free Relay
29/30	Women/Men	Open	200	Free Relay
Sunday				
31/32	Women/Men	Open	200	Back
33/34	Women/Men	Open	25	Breast
35/36	Women/Men	12&U	50	Breast
37/38	Women/Men	Open	100	Breast
39/40	Women/Men	12&U	200	IM
41/42	Women/Men	13 & O	400	IM
43/44	Women/Men	8 & U	25	Free
45/46	Women/Men	12 & U	50	Free
47/48	Women/Men	Open	100	Free
49/50	Women/Men	Open	200	Fly
51/52	Women/Men	8&U	100	Medley Relay
53/54	Women/Men	12 & U	200	Medley Relay
55/56	Women/Men	Open	200	Medley Relay
57/58	Women/Men	Open	500	Free