

Tall Timbers League Championships
Sat/Sun, March 13-14, 2010 at Newberg, OR

Location: Chehalem Aquatic Center, 1802 Haworth Ave, Newberg, OR 97132
 Indoor pool, 25 yards, 6 lanes, 11 ft depth at starting end.

Directions: I-5 South to Exit 289 toward Tualatin / Sherwood. Turn Right onto SW Nyberg Rd, 0.1 miles stay straight to go onto SW Tualatin-Sherwood Rd. In 4.5 miles turn Left onto SW Pacific Hwy W / OR-99W S. In 7.0 miles turn slight Right onto N Springbrook ST. and in 0.1 miles turn Left onto Haworth Ave. 0.7 miles to pool on left.

Driving Time: 1hr 25 min; 73.3 miles from Mark Morris HS

Entries: Max of 4 individual events for the meet, no more than 3 per day; 2 relays

Entry Deadline: Tuesday, Feb 24, 2009

Warmups: Sat 8:00-9:15 am Start: 9:30 am **
 Sun 8:00-9:15 am Start: 9:30 am **
 ** PM sessions to start no sooner than 2 hours after AM conclusion.

Note: 10&U events are all timed finals. Relays are all timed finals. 11&O events are prelim/final format. After the conclusion of prelims, the top 12 11&O swimmers will advance to finals later in the afternoon.

Event #	Saturday		Event #	Sunday	
Girls/Boys	Event		Girls/Boys	Event	
1/2	8 & U	25 Free	41/42	8 & U	100 IM
3/4	9-10	100 Free	43/44	9-10	100 IM
5/6	11-12	100 Free	45/46	11-12	100 IM
7/8	13-14	200 Free	47/48	13-14	200 IM
9/10	15 -19	200 Free	49/50	15-19	200 IM
11/12	8 & U	100 Medley Relay	51/52	8 & U	100 Free Relay
13/14	10&U	200 Medley Relay	53/54	10&U	200 Free Relay
15/16	12 &U	200 Medley Relay	55/56	12&U	200 Free Relay
17/18	14&U	200 Medley Relay	57/58	14&U	200 Free Relay
19/20	19&U	200 Medley Relay	59/60	19&U	200 Free Relay
21/22	8 & U	25 Back	61/62	8 & U	50 Free
23/24	9-10	50 Back	63/64	9-10	50 Free
25/26	11-12	50 Back	65/66	11-12	50 Free
27/28	13-14	100 Back	67/68	13-14	100 Free
29/30	15 -19	100 Back	69/70	15-19	100 Free
31/32	8 & U	25 Fly	71/72	8 & U	25 Breast
33/34	9-10	50 Fly	73/74	9-10	50 Breast
35/36	11-12	50 Fly	75/76	11-12	50 Breast
37/38	13-14	100 Fly	77/78	13-14	100 Breast
39/40	15 -19	100 Fly	79/80	15-19	100 Breast